



Designing a More Inclusive School Meals Program

April 7th 10:30-12:00pm CST

1 SNA CEU

Speakers for this session include:

Maria Anderson, Roseville School District (MN)

Grant Melendez, Immigrant Welcome Center (IN)

Frances Montoya-Gatewood, Vaughn Next Century

Learning Center (CA)





Agenda

Introduction & housekeeping (5-10 min)

Speakers share their stories (10 min each)

Q&A (15 min)

Bio Break (5 mins)

Action Planning and Discussion (30 min)

Wrap up: Next steps (5 min)



No Kid Hungry is a Campaign By Share Our Strength

We're an organization dedicated to ending hunger and poverty. Through proven, effective campaigns, we connect people who care to ideas that work.



Share Our Strength



FEEDING KIDS

by working with schools and communities to make food programs available for every kid in need.



TEACHING FAMILIES

how to make the most of their food budgets by purchasing and preparing nutritious food for their kids.



MOBILIZING THE PUBLIC AND OUR LEADERS

so that ending childhood hunger is a top priority in this nation.

1. Recall at least two strategies for designing more inclusive meals programs, based on the information and practices shared by the workshop's speakers.
2. Explain why it's essential to engage kids and families in designing and delivering meal programs.
3. Develop an action plan with specific next steps for working with your community to design a more inclusive meals program.

OBJECTIVES

Food is an essential school supply, just like textbooks and desks and school transportation.

When kids have access to **healthy meals**, they have the fuel they need to **grow** and **thrive**.

However, **barriers still exist** to accessing school meals. Consider...

- Language of meals application
- Fears around immigration status
- Cultural and religious food preferences
- Housing insecurity
 - Access to fridge, freezer, microwave, stove?
- Schedules of essential workers
- Transportation barriers
- Comfortability with meal site location





Students and their families are the most important stakeholders in school nutrition programs.

CONVERSATION STARTERS

FOR DESIGNING MORE INCLUSIVE
SCHOOL MEALS PROGRAMS

[Download the Toolkit](#)



Maria Anderson MS, RDN, SNS

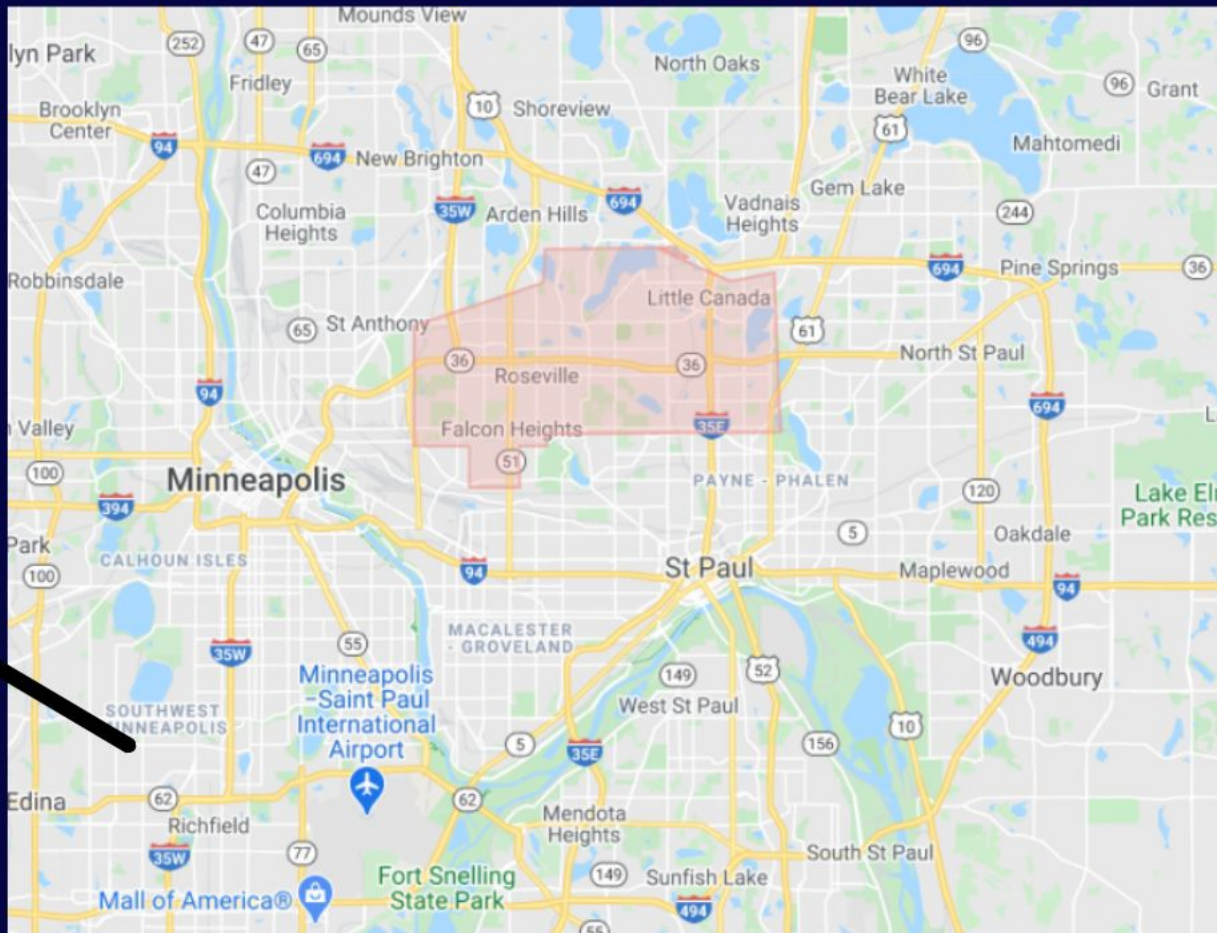
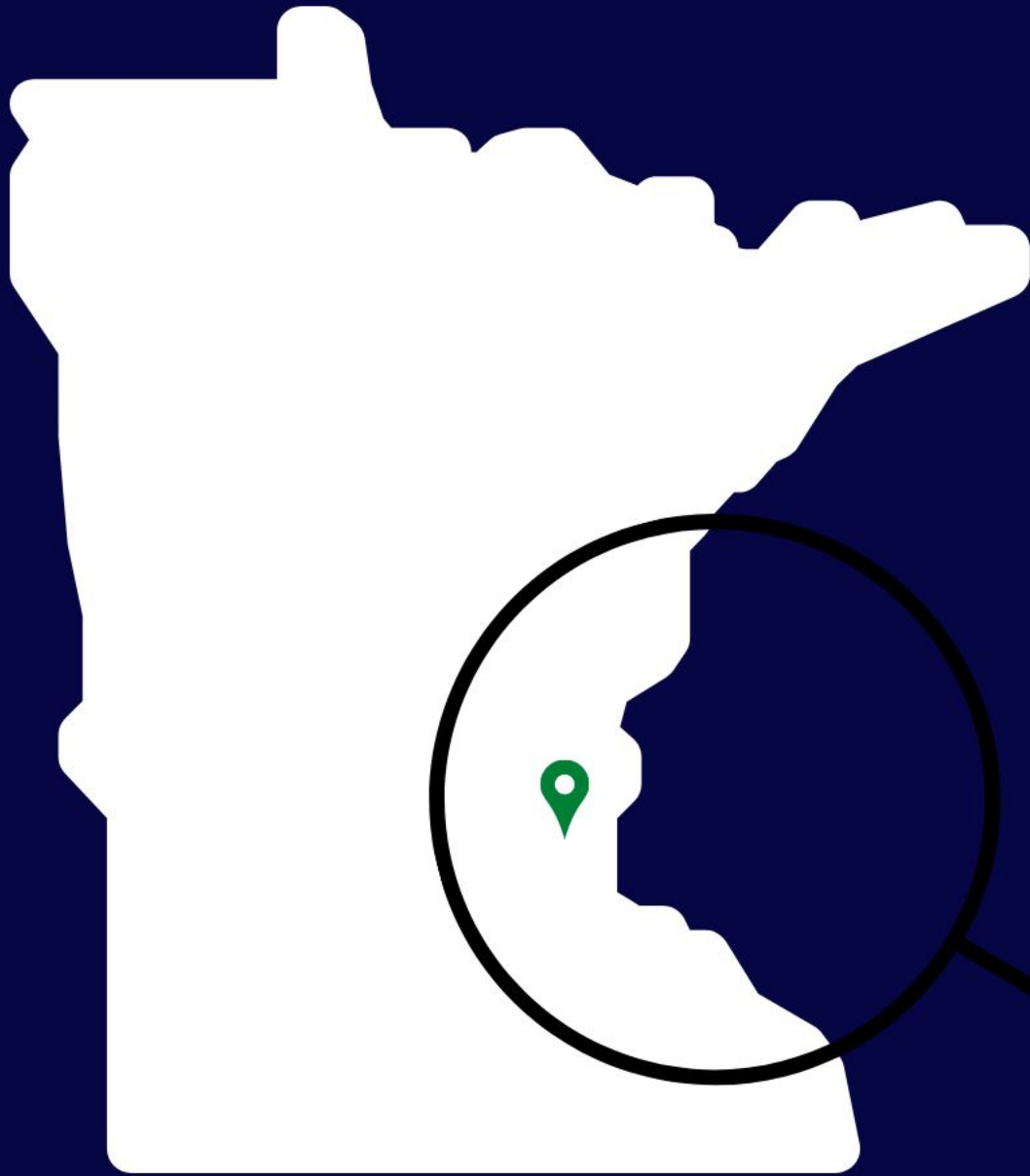
Master of Science in Nutritional Sciences (concentration in pediatrics), Saint Louis University

Maria is the Nutrition Coordinator for a diverse school district within the Twin Cities metro area. While relatively new to child nutrition, she has spent the last four years soaking up information and engaging with her district community to elevate the profile of meals served at school while intentionally making decisions through an equity lens to ensure all students are benefiting from the nutrition programs. Maria's favorite school meal is a tossup between a café-made mega meatball or orange chicken with edamame.

Roseville Area Schools



Where We Are



Who We Are

Programs We Operate

National School Breakfast Program

National School Lunch Program

CACFP At Risk Supper

Fresh Fruit and Vegetable Program

82

LANGUAGES
OTHER THAN
ENGLISH SPOKEN
AT HOME

Educational Benefits Participation

44%

District Ethnicity Breakdown



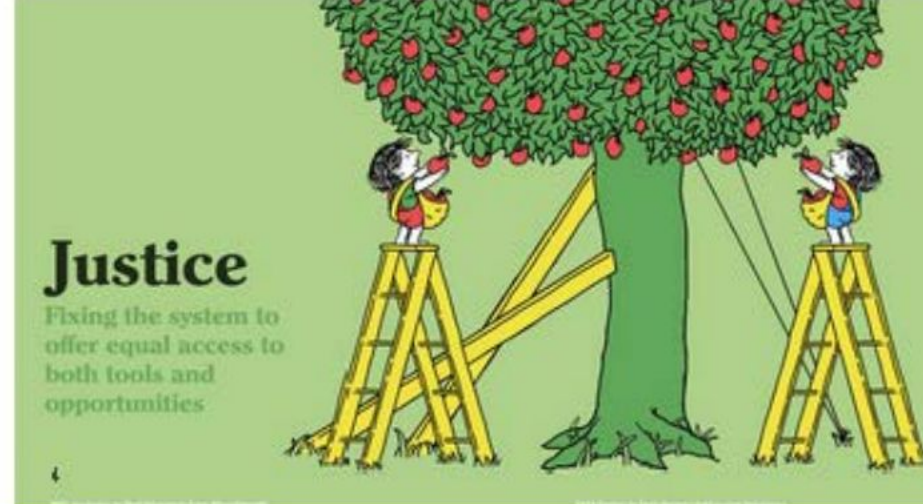
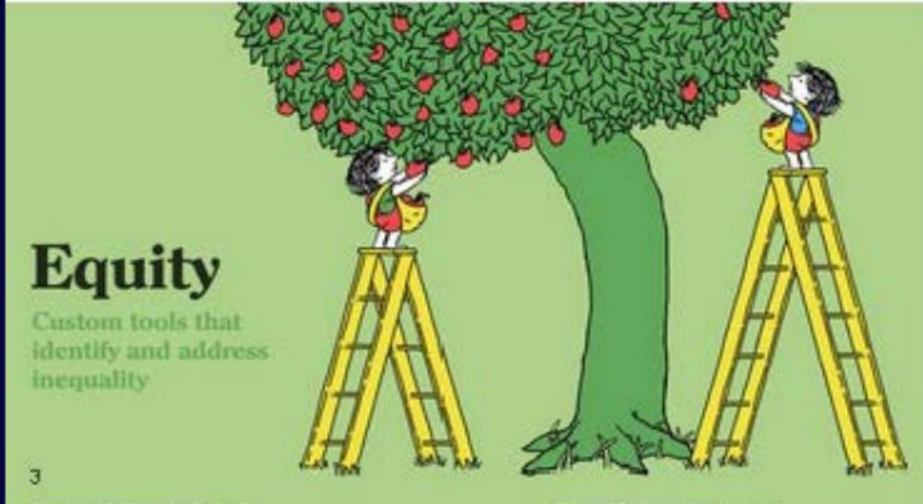
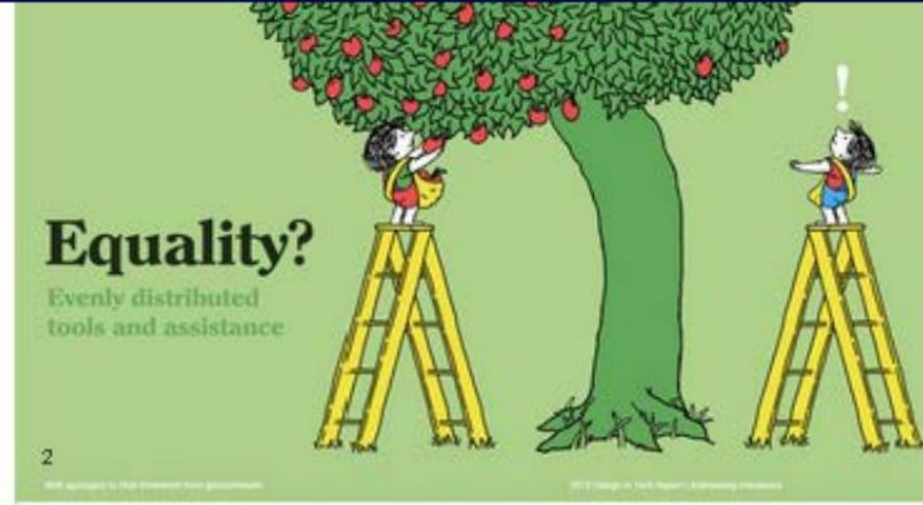
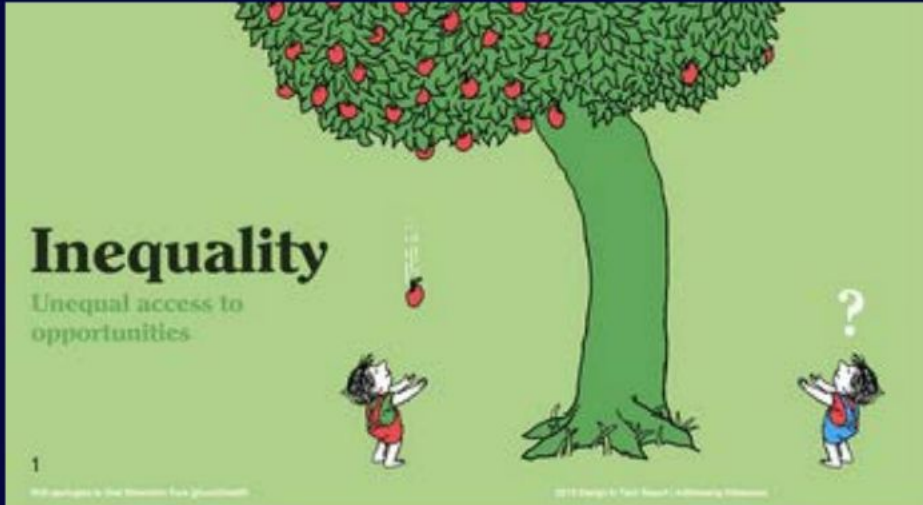


Image Credit: Tony Ruth

HOW CAN WE SERVE ALL OUR FAMILIES?

- Varied Meal Distribution
- Menu Development
- Communication
- Community Partnerships



Meal Distribution



Menu Development



Communication

Yuav muaj P-EBT Sai Sai
Tom Ntej No!

Tso npe kom tau su
dawb/su luv-nqi ua ntej
lub 2 Hlis tim 28 yog tias
xav tau cov nyiaj yuav
zaub mov noj ntau li ntau
tau.



**MEALS ARE
AVAILABLE FOR
ALL KIDDOS
ALL SCHOOL YEAR
AT NO COST**

YOUR CHILD DOES NOT NEED TO QUALIFY FOR FREE
OR REDUCED MEALS TO RECEIVE MEAL BUNDLES

CURBSIDE PICK-UP

Monday

RAMS and RAHS
Little Canada
10:00-11:00 am

Tuesday

RAMS and RAHS
10:00-11:00 am
RAMS
4:00-6:00 pm

Wednesday

RAMS and RAHS
10:00-11:00 am
RAHS
4:00-6:00 pm

Thursday

RAMS and RAHS
10:00-11:00 am
Brimhall
4:00-6:00 pm

Friday

RAMS and RAHS
10:00-11:00 am
Brimhall
4:00-6:00 pm

NEW CURBSIDE
PICK-UP TIMES
STARTED
NOVEMBER 16TH



Roseville Area & St. Anthony Schools- Nutrition Services

Published by Maria Kathleen · January 7 ·

We know that making it to curbside pick-up is a challenge for many of our families. If your family is facing any barriers picking up meals, please complete the below link and we will deliver weekly meal bundles directly to your home. No questions asked.

<https://docs.google.com/.../1FAIpQLSdSKMRnBoFSN8.../viewform>

We can deliver
meals directly
to your home



2,234
People Reached

143
Engagements

Boost Post

Partnerships



Do you
need
help
filling
your
cart?

The COVID-19 pandemic has been difficult on everyone. If your family needs food resources beyond school meals, applying for SNAP benefits can help you expand your grocery budget.

Maria Anderson
Nutrition Coordinator
maria.anderson@isd623.org
651-724-6461



@SchoolNutritionServices



@roseville_sanb_nutrition





Graham Melendez

Bachelors degree in Psychology and a minor in Business Administration

Graham Melendez was born in Cusco, Perú. He moved to Indiana in 2007 after receiving a scholarship from the University of Evansville. Graham is involved in the Immigrant Welcome Center since October 2017. He is currently the Community Impact Coordinator; in this role, he builds relationships with community partners and the immigrant community daily so that these connections can then transform into resources for immigrants & refugees to survive and thrive as they navigate the US system.

We are...

Immigrant
Welcome
Center



Our Mission



Immigrant Welcome Center

empowers immigrants by connecting them to the people, places, and resources that enable them to build successful lives and enrich our community.



Since 2006, we have served more than **13,000** immigrants and refugees.



Immigrants in Indiana



1. Mexico
2. Burma
3. India
4. China
5. El Salvador



Top 5 Zip Codes of IWC Clients



46222

- El Salvador
- Mexico
- Venezuela
- Ecuador
- Honduras
- Nicaragua

46214

- Cameroon
- Nigeria
- Venezuela
- Mexico

46221

- Ethiopia
- Somali
- Peru
- Cuba
- Eritrea

46224

- Nigeria
- Nicaragua
- Congo

46254

- Nigeria
- Mexico



IWC Help Line



Estamos aquí para ayudarte.

El Immigrant Welcome Center tiene una línea directa y gratuita disponible en varios idiomas para brindar asistencia durante la pandemia COVID-19.

1-866-711-1342

Para ver más información sobre la pandemia COVID-19 visita al: immigrantwelcomecenter.org



We're here to help you.

Immigrant Welcome Center has a toll free hotline available in multiple languages to provide assistance during the COVID-19 pandemic.

1-866-711-1342

To access more information about the COVID-19 pandemic visit: immigrantwelcomecenter.org



IWC Connect Database



- Resources across the state
 - Translation
 - Locations
 - Staff support
 - Share w/clients directly
- Trainings available
 - Help us help you...



Calling all community partners! 

Sign-up for one of our online training sessions to learn how to navigate and claim your organization's listing on our new immigrant and refugee-friendly resource database - IWC Connect.



Visit immigrantwelcomecenter.org/resources to check out our resource database.



IWC Connect (cont.)



Zip or keyword or program name

Select Language

Austin, TX (78704) / food

Personal

I want Vis

	FOOD	HOUSING	GOODS	TRANSIT	HEALTH	MONEY	CARE	EDUCATION	WORK	LEGAL
Select Language	Bulgarian	Esperanto	Haitian Creole	Italian	Latvian	Myanmar (Burmese)	Scots Gaelic	Swahili	Welsh	
Afrikaans	Catalan	Estonian	Hausa	Japanese	Lithuanian	Nepali	Serbian	Swedish	Xhosa	
Albanian	Cebuano	Filipino	Hawaiian	Javanese	Luxembourgish	Norwegian	Sesotho	Tajik	Yiddish	
Amharic	Chichewa	Finnish	Hebrew	Kannada	Macedonian	Pashto	Shona	Tamil	Yoruba	
Arabic	Chinese (Simplified)	French	Hindi	Kazakh	Malagasy	Persian	Sindhi	Telugu	Zulu	
Armenian	Chinese (Traditional)	Frisian	Hmong	Khmer	Malay	Polish	Sinhala	Thai		
Azerbaijani	Corsican	Galician	Hungarian	Korean	Malayalam	Portuguese	Slovak	Turkish		
Basque	Croatian	Georgian	Icelandic	Kurdish (Kurmanji)	Maltese	Punjabi	Slovenian	Ukrainian		
Belarusian	Czech	German	Igbo	Kyrgyz	Maori	Romanian	Somali	Urdu		
Bengali	Danish	Greek	Indonesian	Lao	Marathi	Russian	Spanish	Uzbek		
Bosnian	Dutch	Gujarati	Irish	Latin	Mongolian	Samoan	Sundanese	Vietnamese		

Best Match Closest

Availability



IWC Connect (cont.)



COVID-19 response programs are featured on our site: FindHelp.org

Personal Filters | **Program Filters** | **Income Eligibility**

Age Group <ul style="list-style-type: none"><input type="checkbox"/> infants: 0 months - 1 year<input type="checkbox"/> children: 2 - 12 years<input type="checkbox"/> teens: 13 - 19 years<input type="checkbox"/> young adults: 20 - 30 years<input type="checkbox"/> adults: 31 - 54 years<input type="checkbox"/> seniors: 55 years+	Disability <ul style="list-style-type: none"><input type="checkbox"/> all disabilities Disaster Victims <ul style="list-style-type: none"><input type="checkbox"/> covid19 General <ul style="list-style-type: none"><input type="checkbox"/> anyone in need Guardianship <ul style="list-style-type: none"><input type="checkbox"/> foster youth Household <ul style="list-style-type: none"><input type="checkbox"/> families<input type="checkbox"/> individuals	Identity & Sexual Orientation <ul style="list-style-type: none"><input type="checkbox"/> lgbtq+<input type="checkbox"/> transgender Income <ul style="list-style-type: none"><input type="checkbox"/> benefit recipients<input type="checkbox"/> low-income Insurance <ul style="list-style-type: none"><input type="checkbox"/> underinsured<input type="checkbox"/> uninsured Justice Involvement <ul style="list-style-type: none"><input type="checkbox"/> criminal justice history<input type="checkbox"/> in jail	Language <ul style="list-style-type: none"><input type="checkbox"/> limited english Race/Ethnicity <ul style="list-style-type: none"><input type="checkbox"/> african american<input type="checkbox"/> asian<input type="checkbox"/> latino<input type="checkbox"/> native american Urgency <ul style="list-style-type: none"><input type="checkbox"/> emergency
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FILTER SEARCH



IWC Connect (cont.)



Gleaners Food Bank of Indiana offers free weekly home delivery of a Family Meal Box and a box of fresh produce to eligible Marion County residents who do not have transportation. To set up a...

Main Services: emergency food, food delivery, meals

Serving: all ages, seniors, veterans, immigrants, refugees, undocumented, covid19, pregnant, individuals, families

Next Steps:
Call 317-742-9111 or go to the program's website.
Serves your local area
Closed Today See open hours

MORE INFO ▼ SAVE ★ SHARE ↗ NOTES ☰ SUGGEST ✎ [SEE NEXT STEPS](#)

Tell someone about this program! ✕

[SEND AN EMAIL](#) [SEND A TEXT](#) [SHARE ON FACEBOOK](#)

Your Name*

Your name (so they'll actually open it).

To*

Phone number of the person you're sending this to.

Text Message Language

[SEND](#) We'll text them about this program and let them know you sent it.



Contact Us



Graham Melendez
Community Impact Coordinator
317-732-8726
gmelendez@immigrantwelcomecenter.org



Find us online

www.immigrantwelcomecenter.org

Follow us on social media

 facebook.com/immigrantwelcomecenter





Frances Montoya-Gatewood

Associate's Degree, Le Cordon Bleu College of Culinary Arts

Frances started her culinary journey as a child inspired by her culture, heritage, and family. She further developed her skill and technique at Le Cordon Bleu College of Culinary Arts, where she received an AA degree. After years of working at hotels and restaurants, most notable The San Antonio Winery in Los Angeles, Frances found her true calling. She started at East Whittier City School District at an entry level position and within her 11 year career there, she was promoted multiple times to manager and then director. In 2017, Frances was lucky enough to join the Vaughn team as Director of Food Service. Vaughn gave her a new sense of pride in what she does and a bigger sense of her responsibilities to the community.

“

When you change the way you look at things, the things you look at change.

- Wayne Dyer
















Our History

- 5 school sites
- 3,200 students
- Provision 2 → CEP
- Meals served:
 - Breakfast
 - Lunch
 - Afterschool Snack

Vaughn Fruit & Vegetable menu 2019

Vegetable Fruit ½ cup serving

Monday Vegetable	Tuesday Vegetable	Wednesday Vegetable	Thursday Vegetable	Friday Vegetable
Cucumbers 	Radishes 	Black Beans 	Garbanzo Beans 	Pinto Beans 
Canned Carrots 	Jicama 	Spinach 	Corn 	Potato Wedges 
Broccoli 	Spinach 	Carrots 	Wedge Salad 	Apple & Eve Golden Rush Juice 

Fruit	Fruit	Fruit	Fruit	Fruit
Bananas 	Oranges 	Watermelon 	Grapes 	Oranges 
Fruit Cup Sides 	Pineapple 	Apple Red Variety 	Honeydew 	Strawberries 
Canned Peaches 	Canned Pears 	Canned Applesauce 	Can Mixed Fruit 	Canned Applesauce 









Collaboration & Connection

- Vaughn Family & Community Center + Providence Wellness Center
 - Alma Nava
 - Suzanne Llamas
- Homeless & Foster Liaisons
 - Arturo Chavez

80% of Success is Showing Up!

- Coffee with the Director
- Coffee Klatch
- Parent Forums
- Anything with parents!

**PEOPLE WILL FORGET
WHAT YOU SAID,
PEOPLE WILL FORGET
WHAT YOU DID,
BUT PEOPLE WILL
NEVER FORGET HOW
YOU MADE THEM FEEL**

MAYA ANGELOU



Q&A

Please raise your hand or put your questions in the chat!

See you back here at:

3:00pm ET

2:00pm CT

1:00pm MT

12:00pm PT

**Take a
Break!**

Action Planning Session


There will be 5 break out sessions
(30 minutes for action planning)





Closing and Reflections

Thank you for dedicating this time to thinking about

- access barriers to the school meals program,
 - how you can work together with kids, teens, and families to make the program more accessible, and
 - ways you can use your power and influence for positive and equitable change.
- 

Thank You!

Download

Let Your Community Shape
Your Program

Conversation Starters for
Designing More Inclusive
School Meals Programs

Submit Your Action Plan

Via this Google Form

OR

Email epia@strength.org

For 1 SNA CEU

Keep in touch!

Let us know what progress you've made! We would love to feature your work in an upcoming resource.

Email
bestpractices@strength.org



THANK YOU

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Jeannine Rios jrios@strength.org

Ana Rivera mriviera@strength.org